

**LISTS OF IMPORTANT MEDICINAL & AROMATIC PLANTS OF MANIPUR
AND THEIR DISTRIBUTION IN DIFFERENT DISTRICTS :**

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| 1. <i>Abroma augusta</i> (Imphal Dist., Thoubal, Bishnupur) | - Thawanlei |
| 2. <i>Acacia nilotica</i> var. <i>indica</i> (Imphal, Thoubal, Bishnupur, Jiribam) | - Chigonglei |
| 3. <i>Achyranthes aspera</i> (Imphal, Thoubal, Bishnupur, Jiribam) | - Khuchumpere |
| 4. <i>Aconitum nagearum</i> (Ukhrul, Senapati) | - Humanbi / Hupambi |
| 5. <i>Acorus calamus</i> (Imphal, Thoubal, Bishnupur, Jiribam) | - Sagoihidak |
| 6. <i>Adhatoda zeylanica</i> (Imphal, Thoubal, Bishnupur, Chandel) | - Nongmangkha angouba |
| 7. <i>Adiantum capillus – veneris</i> (Imphal, Thoubal, Bishnupur, Jiribam) | - Leirai hangdong |
| 8. <i>Aegle marmelos</i> (Imphal, Thoubal, Bishnupur, Jiribam, Chandel) | - Harikhagok |
| 9. <i>Ageratum conyzoides</i> (Imphal, Thoubal, Bishnupur) | - Khongjai napi |
| 10. <i>Ailanthus excels</i> (Imphal, Thoubal, Bishnupur) | - Tairen |
| 11. <i>Aloe vera</i> (Imphal, Thoubal, Bishnupur) | - Dritkumari/ Meipokpi |
| 12. <i>Alpinia galangal</i> (Imphal, Thoubal, Bishnupur, Tamenglong) | - Kanghu |
| 13. <i>Amorphophallus companulatus</i> (Jiribam, Tamenglong) | - Lincheisu manbi |
| 14. <i>Andrographis paniculata</i> (Imphal, Thoubal, Bishnupur) | - Bhubati |
| 15. <i>Aquillaria malaccensis</i> var. <i>agallocha</i> (Ukhrul, Tamenglong) | - Agor |
| 16. <i>Artemisia nilagirica</i> (Imphal, Thoubal, Bishnupur, Senapati, Tamenglong) | - Laibakngou |
| 17. <i>Asclepias curassavica</i> (Imphal dist) | - Ishing langtarei |
| 18. <i>Asparagus racemosus</i> (Imphal, Thoubal, Bishnupur, Tamenglong, Chandel) | - Nungarei manbi |
| 19. <i>Astilbe revularis</i> (Ukhrul Dist., Senapati) | - Yaphakpi |
| 20. <i>Averroa carambola</i> (Imphal, Thoubal, Bishnupur) | - Heinoujom |
| 21. <i>Azadirachta indica</i> (Imphal, Thoubal, Bishnupur, Jiribam) | - Nimb |
| 22. <i>Bacopa monnieri</i> (Jiribam, Churachandpur) | - Peruk macha/ Brami |
| 23. <i>Bambusa arundinacea</i> (Imphal, Thoubal, Bishnupur) | - Wa |
| 24. <i>Bauhinia variegata</i> (Ukhrul, Tamenglong, Senapati, Imphal Dist) | - Chingthrao |
| 25. <i>Benincasa hispida</i> (Imphal, Thoubal, Bishnupur, Jiribam) | - Torbot |
| 26. <i>Bergenia ciliata</i> (Ukhrul, Senapati) | - Nungai Uri |
| 27. <i>Bombax ceiba</i> (Jiribam, Imphal, Thoubal, Bishnupur) | - Tera |
| 28. <i>Brassica campestris</i> (Imphal, Thoubal, Bishnupur) | - Hangam Yela |
| 29. <i>Calotropis gigantea</i> (Imphal, Thoubal, Bishnupur, Churachandpur) | - Angkot |
| 30. <i>Cannabis sativa</i> (Ukhrul, Imphal, Thoubal, Bishnupur) | - Ganja |
| 31. <i>Carthamus tinctorius</i> (Imphal, Thoubal, Bishnupur, Jiribam) | - Kusumlei |
| 32. <i>Cassia tora</i> (Imphal, Thoubal, Bishnupur, Churachandpur) | - Thaonam |
| 33. <i>Catharanthus roseus</i> (Imphal, Thoubal, Bishnupur, Jiribam) | - Nongjurei |
| 34. <i>Centella asiatica</i> (Imphal, Thoubal, Bishnupur, Churachandpur, Chandel) | - Peruk |
| 35. <i>Chrysanthemum indicum</i> (Imphal, Thoubal, Bishnupur) | - Chandramukhi |

36. *Cinnamomum tamala* (Ukhrul, Thoubal, Chandel, Bishnupur, Imphal, Senapati, Tamenglong) - Tejbat
37. *Cinnamomum zeylanicum* (Ukhrul, Thoubal, Chandel, Bishnupur, Imphal, Senapati, Tamenglong) - Ushingsa
38. *Cissus adnata* (Ukhrul, Thoubal, Chandel, Bishnupur, Imphal, Senapati, Tamenglong) - Kongouyen
39. *Citrus limon* (Ukhrul, Thoubal, Chandel, Bishnupur, Imphal, Senapati, Tamenglong) - Nimbu
40. *Citrus maxima* (Ukhrul, Thoubal, Chandel, Bishnupur, Imphal, Senapati, Tamenglong) - Nobap
41. *Citrus medica* (Ukhrul, Thoubal, Chandel, Bishnupur, Imphal, Senapati, Tamenglong) - Champra
42. *Clitoria ternatea* (Imphal, Thoubal, Bishnupur, Jiribam) - Krishna nakong
43. *Costus speciosus* (Ukhrul, Thoubal, Chandel, Bishnupur, Imphal, Senapati, Tamenglong) - Okchakhombi
44. *Crateva magna* (Imphal, Thoubal, Bishnupur, Churachandpur) - Nongbalei
45. *Curcuma amada* (Imphal, Thoubal, Bishnupur) - Heinouyai
46. *Curcuma aromatic* (Imphal, Thoubal, Bishnupur) - Yaimu
47. *Curcuma longa* (Imphal, Thoubal, Bishnupur, Jiribam) - Yaingang
48. *Cuscuta reflexa* (Imphal, Thoubal, Bishnupur, Jiribam) - Uri napu
49. *Cymbopogon citratus* (Churachandpur, Imphal) - Charot
50. *Cynodon dactylon* (Imphal, Thoubal, Bishnupur, Jiribam) - Tingthou
51. *Datura metel* (Imphal, Thoubal, Bishnupur, Jiribam) - Sagoihidak amuba
52. *Datura suaveolens* (Imphal, Thoubal, Bishnupur, Jiribam) - Sagoihidak angouba
53. *Digitalis purpurea* (Senapati)
54. *Dioscorea floribunda* (Imphal, Thoubal, Bishnupur, Jiribam, Chandel, Tamenglong) - Harum
55. *Drymaria cordata* (Imphal, Thoubal, Bishnupur, Jiribam) - Tandan mana
56. *Embllica officinalis* (Imphal, Thoubal, Bishnupur, Chandel, Tamenglong) - Heigru
57. *Euphorbia hirta* (Imphal, Thoubal, Bishnupur) - Pakhang hiton
58. *Eupatorium birmanicum* (Imphal, Thoubal, Bishnupur) - Langthrei
59. *Eupatorium odoratum* (Imphal, Thoubal, Bishnupur, Tamenglong, Chandel) - Kombirei
60. *Ficus bengalensis* (Imphal, Thoubal, Bishnupur, Jiribam) - Khongnang bod
61. *Ficus racemosa* (Imphal, Thoubal, Bishnupur, Jiribam) - Heibong
62. *Ficus religiosa* (Imphal, Thoubal, Bishnupur, Jiribam) - Sana Khongnang
63. *Garcinia pedunculata* (Ukhrul, Tamenglong, Senapati, Chandel) - Heibung
64. *Glorisa superba* (Ukhrul, Tamenglong) - Keikoi
65. *Gossypium herbaceum* (Imphal, Thoubal, Bishnupur) - Lashing
66. *Gynocardia odorata* (Imphal, Thoubal, Ukhrul, Senapati, Tamenglong) - Harikhagok manbi
67. *Hedychium spicatum* (Ukhrul, Chandel, Churachandpur) - Takhelei
68. *Hibiscus rosa – sinensis* (Imphal, Thoubal, Bishnupur, Jiribam) - Juba kusum
69. *Jasminum sambac* (Imphal, Thoubal, Bishnupur, Jiribam) - Kundo
70. *Juglans regia* (Ukhrul, Tamenglong, Churachandpur, Senapati) - Hejjukha
71. *Kaempferia rotunda/ K. galangal* (Imphal, Thoubal, Bishnupur) - Leibak/ Yaithamna manbi
72. *Lantana camara* (Imphal, Thoubal, Bishnupur) - Thirei

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| 73. <i>Leucas aspera</i> (Imphal, Thoubal, Bishnupur) | - Mayanglembum |
| 74. <i>Lindernia ciliata</i> (Imphal, Thoubal) | - Yenakhat |
| 75. <i>Litsea cubeba</i> (Ukhrul, Tamenglong, Senapati) | - Maru marang |
| 76. <i>Ludwigia octovalvis</i> (Imphal, Thoubal, Bishnupur) | - Louri laphoi |
| 77. <i>Mangifera indica</i> (Imphal, Thoubal, Bishnupur, Jiribam) | - Heinou |
| 78. <i>Melia azedarach</i> (Imphal, Thoubal, Bishnupur) | -Sagol nimb/ Nim manbi |
| 79. <i>Mentha spicata</i> (Imphal, Thoubal, Bishnupur) | - Nungsi hidak |
| 80. <i>Mimosa pudica</i> (Imphal, Thoubal, Bishnupur, Jiribam) | - Kangphal ikaithabi |
| 81. <i>Momordica dioica</i> (Imphal, Thoubal, Bishnupur, Jiribam) | - karot |
| 82. <i>Momordica charantia</i> (Imphal, Thoubal, Bishnupur) | - Karot akhabi |
| 83. <i>Mucuna pruriens</i> (Imphal, Thoubal, Bishnupur) | - Samu hawai |
| 84. <i>Murraya koenigii</i> (Jiribam) | - Nara sing |
| 85. <i>Myrica esculenta</i> (Ukhrul, Senapati, Tamenglong) | - Nonganhei laba |
| 86. <i>Nerium indicum</i> (Imphal, Thoubal, Bishnupur, Jiribam) | - Kasirei |
| 87. <i>Nicotiana tabacum</i> (Imphal, Thoubal, Bishnupur) | - Hidak mana |
| 88. <i>Nyctanthes arbor- tristis</i> (Imphal, Thoubal, Bishnupur, Jiribam) | - Parijat |
| 89. <i>Ocimum sanctum</i> (Imphal, Thoubal, Bishnupur, Jiribam) | - Tulasi |
| 90. <i>Oroxylum indicum</i> (Imphal, Thoubal, Bishnupur, Ukhrul, Tamenglong, Chandel, Senapati) | - Samba |
| 91. <i>Oxalis corniculata</i> (Imphal, Thoubal, Bishnupur) | - Yensin |
| 92. <i>P. pseudoginseng</i> (Ukhrul, Senapati) | - Ginseng |
| 93. <i>Paedaria foetida</i> (Imphal, Thoubal, Bishnupur, Jiribam) | - Oinam |
| 94. <i>Papaver somniferum</i> (Ukhrul, Senapati, Tamenglong) | - Kani pambi |
| 95. <i>Paris polyphylla</i> (Ukhrul, Senapati) | - Singpan |
| 96. <i>Phyllanthus fraternus / niruri</i> (Imphal, Thoubal, Bishnupur) | - Ching heigru |
| 97. <i>Phytolacca acinosa</i> (Ukhrul) | - Zing laobi |
| 98. <i>Piper nigrum / P. griffitii</i> (Tamenglong, Senapati) | - Uchithi |
| 99. <i>Piper betle</i> (Tamenglong) | - Kwa mana |
| 100. <i>Plumeria rubra</i> (Jiribam) | - Khagi lihao angangba |
| 101. <i>Portulaca oleracea</i> (Imphal, Thoubal, Bishnupur, Jiribam) | - Leibak kundo |
| 102. <i>Prunus cerasoides</i> (Ukhrul, Senapati, Jiribam) | - Lam boroi |
| 103. <i>Punica granatum</i> (Imphal, Thoubal, Bishnupur, Jiribam, Chandel) | - Kaphoi |
| 104. <i>Rauvolfia serpentina</i> (Senapati) | - Chandra |
| 105. <i>Ricinus communis</i> (Jiribam) | - Kege |
| 106. <i>Rhododendron anthropogon</i> (Ukhrul) | - Ingalei |
| 107. <i>Rosa centifolia</i> (Imphal, Thoubal, Bishnupur, Jiribam) | - Atargulap |
| 108. <i>Rhus semialata</i> (Imphal, Thoubal, Bishnupur, Jiribam, Churachandpur, Senapati) | - Heimang |
| 109. <i>Rubia manjith</i> (Churachandpur) | - Uri angangbi |

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| 110. <i>Saccharum officinarum</i> (Imphal, Thoubal, Bishnupur) | - Chu |
| 111. <i>Salvia officinalis</i> (Jiribam) | - Morokhi |
| 112. <i>Santalum album</i> (Jiribam, Chandel) | - Cha chandan |
| 113. <i>Sapindus mukorossi</i> (Imphal, Thoubal, Bishnupur) | - Kekru |
| 114. <i>Schima wallichii</i> (Imphal, Thoubal, Bishnupur, Ukhrul, Tamenglong) | - Ushoi |
| 115. <i>Shorea robusta</i> (Chandel) | |
| 116. <i>Sida acuta</i> (Imphal, Thoubal, Bishnupur, Jiribam) | - Sumjit laba |
| 117. <i>Sida rhombifolia</i> (Imphal, Thoubal, Bishnupur, Jiribam) | - Uchan |
| 118. <i>Smilax lanceifolia</i> (Ukhrul, Senapati, Tamenglong, Churachandpur) | - Khamanbi |
| 119. <i>Solanum indicum</i> (Imphal, Thoubal, Bishnupur, Jiribam) | - Leipung khang macha |
| 120. <i>Solanum nigrum</i> (Imphal, Thoubal, Bishnupur, Jiribam) | - Morokman / chingum |
| 121. <i>Solanum viarum</i> (Imphal, Thoubal, Bishnupur, Jiribam) | - Khamenla / Singkhang |
| 122. <i>Stemona tuberosa</i> (Churachandpur, Tamenglong, Senapati) | - Mama Yangkhei |
| 123. <i>Stephania glabra</i> (Senapati, Ukhrul, Tamenglong, Chandel) | - Koubruyai |
| 124. <i>S. japonica</i> (Imphal, Thoubal, Bishnupur) | - Koubruyai macha |
| 125. <i>Swertia chirayita</i> (Ukhrul, Senapati) | - Sabal marinkha |
| 126. <i>Syzygium cuminii</i> (Imphal, Thoubal, Bishnupur, Jiribam) | - Jam |
| 127. <i>Tagetes patula</i> (Imphal, Thoubal, Bishnupur, Jiribam) | - Sanarei |
| 128. <i>Tamarindus indica</i> (Imphal, Thoubal, Bishnupur, Jiribam) | - Mange |
| 129. <i>Taxus wallichiana</i> (Ukhrul, Senapati, Bishnupur) | - Uchan manbi |
| 130. <i>Terminalia arjuna</i> (Chandel, Thoubal, Imphal) | - Mayopha |
| 131. <i>Terminalia bellerica</i> (Jiribam) | - Manahei matum |
| 132. <i>Terminalia chebula</i> (Imphal, Thoubal, Bishnupur, Jiribam) | |
| 133. <i>Thalictrum foliolosum</i> (Ukhrul, Senapati, Tamenglong) | - Umang peruk / Heijam |
| 134. <i>Tectona grandis</i> (Chandel, Ukhrul) | - Chingsu |
| 135. <i>Thevetia peruviana</i> (Imphal, Thoubal, Bishnupur, Jiribam) | - Utonglei |
| 136. <i>Thysanolaena maxima</i> (Ukhrul, Senapati, Chandel, Churachandpur) | - Sumjit |
| 137. <i>Tinospora cordifolia</i> (Imphal, Thoubal, Bishnupur, Jiribam, Churachandpur, Chandel) | - Ningthoukhongli |
| 138. <i>Trapa natans</i> (Thoubal, Bishnupur) | - Heikak |
| 139. <i>Urtica dioica</i> (Ukhrul, Senapati) | - Santhak |
| 140. <i>Viscum articulatum</i> (Ukhrul, Senapati, Chandel, Imphal) | - Utangbi |
| 141. <i>Vitex trifolia</i> (Imphal) | - Urikshibi |
| 142. <i>Vitis vinifera</i> (Imphal, Thoubal, Bishnupur) | - |
| 143. <i>Withania somnifera</i> (Jiribam) | - Ginseng manbi |
| 144. <i>Zanthoxylum oxyphyllum</i> (Ukhrul, Senapati, Churachandpur, Chandel) | - Mukthubi manbi |
| 145. <i>Zingiber officinale</i> / <i>Z. cassumunar</i> (Imphal, Thoubal, Bishnupur, Ukhrul, Senapati) | - Sing |
| 146. <i>Zingiber zerumbet</i> (Imphal, Thoubal, Bishnupur, Ukhrul, Senapati) | - Singkha |